

First Aid for Bleeding Review Work Sheet

*KEY THING... Obviously, know the answer... but also know WHY it's the answer!!
As you are studying, keep that in mind.*

- What are the 5 steps to controlling a severe bleeding wound.
- Why is "Covering the Wound" the 1st step. (2 reasons)
- What are the key elements of "Applying Direct Pressure" to the wound? (and WHY)
- Why does "Tie a Pressure Bandage" come BEFORE Elevation on the list?
- Be able to explain the effect of gravity on blood flow. This is the basic reason why elevation works to help control a bleeding wound.

- Where is the Brachial Artery, and the Femoral Artery in the body...
Where do we find the pressure point for each...

- What is the proper technique to use for each, so that the blood supply is slowed down to the area where the bleeding wound may be.

- What are we trying TO DO with a pressure point? Explain

βπ

Be able to talk about the importance of being calm, AND calming your victim. Your victim may be in pain, but they may also panic at the sight of blood. What does your calming influence do for them? Explain